



# DO-IT-YOURSELF BED BUG CONTROL GUIDE

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# OVERVIEW



# BED BUG TOOLS

## Flashlight

When inspecting for bed bugs, you want to look for:



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**LIVE OR DEAD BED BUGS**



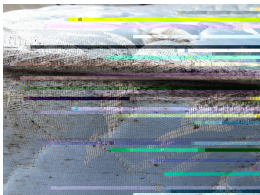
M a El Da tr

**EMPTY SKINS THEY HAVE SHED AS THEY GROW FROM ONE STAGE TO ANOTHER**



Gar Al r

**EGGS**



S sa J s

**BED BUG FECAL STAINS  
(LOOKS LIKE AN INK SMEAR)**





**Garbage bags or plastic totes**



# Caulk

If you are unfamiliar with caulking, here's how you do it.

1. Clean and dry the area.
2. Remove the cap and cut the tip at a 45° angle.
3. Squeeze the caulk into cracks and crevices.
4. Smooth it with a finishing tool.
5. Remove excess with a damp sponge before it dries.

# Vacuum

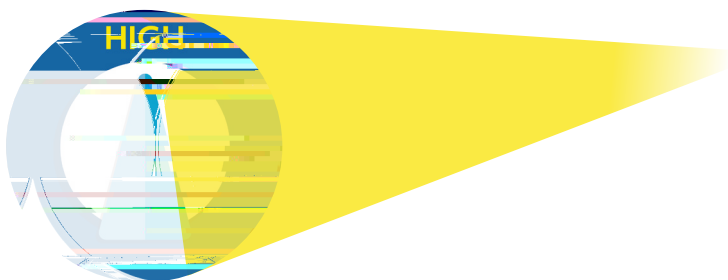
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Things and places you want to vacuum:

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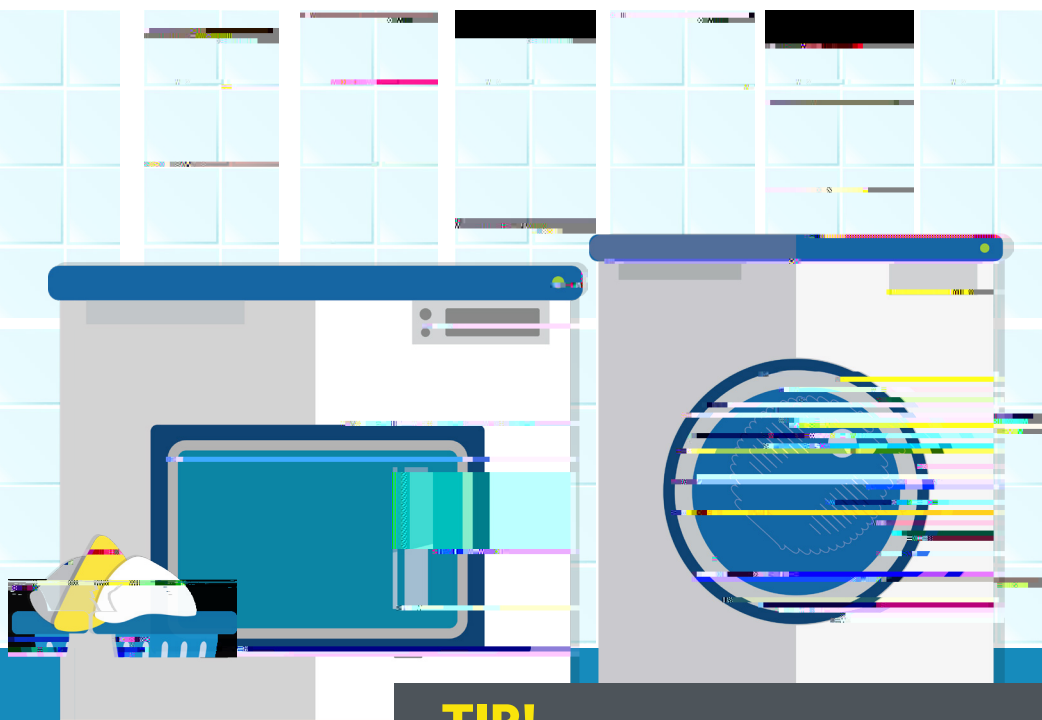
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30 MINUTES

Clothes dryer

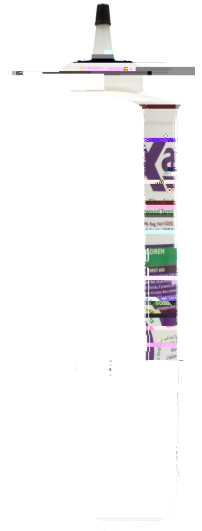


**TIP!**





# Desiccant insecticide dust



CimXa may be applied to:

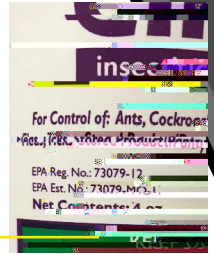
DO NOT use CimXa on:





# PESTICIDES

If you do decide to use store-bought insecticides to treat a bed bug infestation, you must read and follow the label. Things you want to look for include:



**TIP!**

**FOR MORE INFORMATION**

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T is g i as r a si g i g  
r EPA R gi 10 Cl a Air A  
gra r gra r ANTHC  
F ral A ar l i ai N b r  
TX-0J119201. T is i r a i r  
a l si sar s  
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as ial si r li , r  
s l a rs b i rr b  
ANTHC, EPA r USG r .

**ALASKA NATIVE  
TRIBAL HEALTH**

**Community Environment and Health  
ALASKA NATIVE TRIBAL HEALTH CONSORTIUM**

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